

What did I get out of Strive?

I can say that Strive has given me something I didn't expect; support. I never thought a three week program would give me ~~it~~ something more than a few tools on how to market myself as a young person and how to write a better resume. I expected to maybe meet a few new people in New Haven, make a few connections, learn a couple useful things and call it a day. But Strive has given me more than that. The things I learned about resume writing, hard skills, and how to generally market myself could be easily taught in any job training program but in Strive, that's only half of the formula. Strive focuses on who you are as a person, because let's be honest part of getting a job keeping a job, and you just being professional has to do with your personal life. Strive focuses on your attitude as a person and the importance of growth as an individual in society. Strive ~~is~~ has let me realize that it's ok to be stressed, ~~over~~ and sometimes you just have to let it go and breathe. I never thought that in three weeks I would get close to a bunch of strangers who are in all different age groups and feel comfortable enough to talk about my personal life

to them. And I finally completely understand what Ms. T meant when she said we are a family at strife and we all become a part of the family in time