

Cathy

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"What you got out of your STRIVE experience"

I've received alot in the almost 3 weeks I have been at STRIVE. The main thing that I feel I've received is self-confidence. This is something that I was sorely lacking, due to the fact that I have a criminal record. I have learned that I am indeed employable, despite this fact. I have also learned how to successfully discuss (or, not discuss) my criminal record.

I am also very excited that I've had the opportunity to rework my resume and that STRIVE personnel are going to review and revise it. I have not changed it, more than add a job, in 20+ years. This reworking of my resume is something I've wanted to do for a long time.

I am also thrilled that I have some cover letter templates. It's been years since I've used one so this is a great asset for me.

I have been able to hone my interview skills. This is another area in which I was sorely lacking. But, if I had to pick just a few, these are the four things that I personally have found of value the most.