

Amber

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Going through three weeks of intense training at Strive New Haven, Inc. has been a wonderful learning experience. As I started the program I was unsure which direction it was going to go in. At times when we had to stand up and tell personal stories about ourselves I wasn't sure what it had to do with our job seeking, but it brought the class together and we all have become closer. I've learned ways to fill out an application properly, clean up a resume and build up my interview skills. I didn't know the purpose at the time, but being able to stand up in front of a class full of people I don't know, and talk about my personal life was difficult for me. But I now understand that it has helped me talk about myself and sell myself to potential employers. I would recommend Strive to family members, friends or anyone looking for employment because this program works whether you are knowledgeable about the job market or not because there is always something new to learn.